

LTYA Cheer 2023

Information and FAQ's

LTYA is offering two Cheer programs for Fall 2023! LTYA Cheer Recreational and LTYA Cheer Pop Warner. Please [CLICK HERE](#) for program comparisons.

LTYA Cheer programs are considered a sport that emphasizes participation over competition and education over performance. We strive to ensure that all participants, regardless of skill level, can participate and we expect coaches, and parents to maintain a safe, positive, and nourishing environment.

LTYA Cheer programs offer every child in kindergarten through the 6th grade the opportunity to participate regardless of ability, disability, skill level, talent, or financial need. Cheer programs are co-ed.

If you wish to learn more about LTYA Cheer programs or want to volunteer, please contact:

Cheer Co-President Aspen Parrott ltysacheer@yahoo.com
Cheer Co-President Emily Dunlap emilypdunlap@gmail.com
LTYA Office (512) 261-1900 ltyasports@gmail.com

CHEER UNIFORM

Both cheer programs will be using the same uniform as last season, fall 2022. Only difference for LTYA Cheer Pop Warner uniform is a Pop Warner Patch on the cheer top and a patch on the cheer skirt. Patches will be provided by LTYA.

Uniform Includes cheer top, cheer skirt, briefs, white cheer shoes, poms, and bow. Backpack is optional.

Varsity is our uniform vendor for the cheer top, skirt, and briefs. Varsity will set up a purchase portal so you can order your uniform directly from them. **THE PORTAL WILL CLOSE ON JUNE 3RD. No orders will be processed after this date. So, order early!**

BOW and POMS

NEW POMS AND BOWS for Fall 2023! Price for a bow is \$28.00 bow and poms are \$20.00. Payment for these items will be included in your registration fee.

CHEER SHOES:

Any White Cheer Shoe is required. Order a shoe of your choice.

Options:

[Amazon](#)

[Academy](#)

FITTINGS

If you are new to LTYA Cheer or would like to purchase a new size, you will only need to attend one fitting. We will have a sign-up link as we get closer to the fitting dates.

Location

High Five in Lakeway
1502 Ranch Rd. 620 S.
Lakeway, TX 78734

Dates

March 25th 11:00 - 5:00

April 22nd 11:00 - 5:00

May 20th 11:00 - 5:00

CAMP

Cheer Camp for both Cheer Programs

Date/Location TBD

PRACTICES:

LTYA Cheer Pop Warner will start practices on August 1st. Cheerleaders will need to condition 10 hours before stunting. Practices and locations will be at the discretion of LTYA Cheer Pop Warner Coaches.

LTYA Cheer Recreational practices will be held once school starts and will be once a week.

Practice location, date and times are TBD by the coaches.

GENERAL FAQ'S

Q: How long is the season? What is the commitment level?

A: The Fall Football season is typically 8 weeks. Games begin in September and last through early November with a playoff tournament.

Game times for LTYA Recreational Cheer is approximately one hour and LTYA Cheer Pop Warner can last anywhere from 1.5 -2 hours. Game schedules will be published ***once we receive the football schedules in August*** and will be added to the website at that time.

Q: Will we have to travel to the away games?

A: LTYA Cheer Recreational performs at home games only for LTYA NFL Flag
LTYA Cheer Pop Warner performs at home and away games for LTYA Tackle Football Pop Warner.

Q: What are the game dates?

A: All game dates will be announced once we receive the Fall Football schedule in August. We will update accordingly. Game days are on Saturdays.

Q: What if my child has never cheered or danced before?

A: LTYA Cheer is a recreational and LTYA Cheer Pop Warner are sideline Cheer programs and do not compete. All skill levels and abilities are welcome to participate.

Q: Can my child participate in LTYA Cheer and Lil'Lettes?

A: No. Based on prior year experiences, each participant will need to register for one program.

Q: When is the final date to order uniforms?

A: ALL orders **MUST be placed no later than June 3rd. The varsity portal will close on June 3rd and will not be reopened. Please order early!**

Q: Can my child cheer on the same squad as her friend or sibling?

A: Cheer will have multiple squads; we will make every attempt to honor placement requests but cannot guarantee squad placement. When registering, please note any special requests. The squad placements are first determined by grade/school, the number of girls participating and the number of coaches available to lead the squads.

Q: How can I volunteer?

A: LTYA is always looking for great volunteers! You can volunteer your time as a head coach, assistant coach, team mom or volunteer at events throughout the year. If you are interested, you can sign up when you register your child. Also, please go to www.ltya.org for volunteer requirements which can be found on the "Volunteer" tab. For any volunteer questions and assistance, you can call the LTYA office at (512) 261-1900.

Q: How many days/hours are practices during the season?

A: Beginning in late August/early September, there will be 1 practice per week during the season. Practice is not mandatory but is recommended. Should you miss a practice, you may still attend and participate at the game.

Q: What should my child bring to practice?

A: Please make sure your child comes dressed in athletic wear, hair pulled up, tennis shoes (no sandals, flip flops, etc.), no jewelry and plenty of water. We request that practices are closed to parents, as it makes practices run smoother. We truly appreciate your understanding.

Q: Are there other activities that we are required to attend outside practice and games?

A: We have exciting opportunities throughout the season! These include LTYA Night at one of the LTHS Football Game and LTHS Homecoming parade!

Q: Is there a year end performance?

A: Yes, at the end of the season we have a performances and awards for all participants. Each squad will perform for parents, family, and friends! We love to have the chance to let our girls showcase all their skills and talents that they have learned throughout the season.

OTHER:

We have been honored to have the help from the LTHS Cavalettes, Red Rubies and LTHS Varsity and JV Cheer Teams! They participate and assist weekly during our Saturday Football Games. It is a wonderful volunteer opportunity for those students and an amazing mentor relationship for the younger girls.